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Lasers and Lights E-Book **Cosmeceuticals E-Book** *Procedures in Cosmetic Dermatology Series: Cosmeceuticals E-Book* **Botulinum Toxin Soft Tissue Augmentation Lasers and Lights E-Book** *Cosmetic Dermatology Textbook of Cosmetic Dermatology* **Botulinum Toxin E-Book** **Body Shaping: Skin Fat Cellulite Procedures in Cosmetic Dermatology Series: Chemical Peels EBook** **Procedures in Cosmetic Dermatology Series: Chemical Peels E-Book** Procedures in Cosmetic Dermatology Series Procedures in Cosmetic Dermatology Series: Photodynamic Therapy E-Book Procedures in Cosmetic Dermatology Series: Chemical Peels *Procedures in Cosmetic Dermatology Series: Treatment of Leg Veins E-Book* **Procedures in Cosmetic Dermatology Series: Chemical Peels** *Body Shaping, Skin Fat and Cellulite E-Book* **Textbook of Cosmetic Dermatology Procedures in Cosmetic Dermatology Series: Lasers and Lights** *Soft Tissue Augmentation E-Book* Cosmetic Dermatology **Cosmeceuticals Soft Tissue Augmentation: Procedures in Cosmetic Dermatology Series (Expert Consult-Online and Print)**. Botulinum Toxin **Cosmetic Dermatology for Skin of Color** Daily Routine in Cosmetic Dermatology *Chemical and Physical Procedures* Cosmetic Dermatology: Principles and Practice, Second Edition Treatment of Leg Veins **Update in Cosmetic Dermatology** **Radiofrequency in Cosmetic Dermatology** Cosmeceuticals *Cosmetic Dermatology* Cosmetic Dermatology **Body Contouring** *Laser and IPL Technology in Dermatology and Aesthetic Medicine* Aesthetic Procedures: Nurse Practitioner's Guide to Cosmetic Dermatology **Clinical Cases in Skin of Color**

Cosmeceuticals and Active Cosmetics

Market: Dermatology; Plastic Surgery; Internal Medicine/Family Practice Ideal for specialists, as well as general dermatologists looking to expand their practice This text documents the science that lies behind the expanding field of cosmetic dermatology so that clinicians can practice with confidence and researchers can be fully aware of the clinical implications of their work. New chapters have been added to this edition on photodamage, actinic keratoses, UV lamps, hidradenitis suppurativa, age-related changes in male skin, changes in female hair with aging, nonablative laser rejuvenation, and cryolipolysis, and chapters have been updated throughout to keep this at the forefront of work and practice. The Series in Cosmetic and Laser Therapy is published in association with the Journal of Cosmetic and Laser Therapy. Print Versions of this book also include access to the ebook version. Part of the practical and dynamic Procedures in Cosmetic Dermatology Series, Lasers and Lights, 4th Edition, brings you up to speed with today's best methods for using laser light to treat skin disorders. This well-organized text by Drs. George J. Hruza and Elizabeth L. Tanzi provides current, authoritative guidance on popular procedures including laser hair removal, tattoo removal, acne scars, vascular lesions, non-ablative fractional laser rejuvenation, ablative laser resurfacing, and tissue tightening. Drs. George Hruza and Elizabeth Tanzi offer evidence-based, procedural how-to's and step-by-step advice on proper techniques, pitfalls, and tricks of the trade, so you can successfully incorporate the latest procedures into your practice. Features a well-

organized format with key points lists, pearls, and case studies as they appear in practice. Includes expanded and updated chapters on non-surgical skin tightening and body contouring – two of today’s most requested procedures. Contains new information on radiofrequency microneedling for skin rejuvenation and acne scar treatment, plus new details on the use of picosecond lasers for tattoo treatment and treatment of ethnic skin. Includes many new images that depict exactly how to perform the techniques. The 2nd Edition of *Chemical Peels*, by Drs. Mark G. Rubin and Rebecca Tung, shows you how to get great results by performing the newest techniques and treatments. Explore new chapters devoted to body peeling, review adjunct therapies and various methods used internationally, master chemical peeling for darker skin types, and examine case studies with before-and-after clinical photographs. This new edition in the *Procedures in Cosmetic Dermatology Series* lets you offer your patients the best skin rejuvenation methods available today. Learn the "tricks of the trade" from practically minded, technically skilled, hands-on clinicians. Review a wealth of color illustrations and photographs that depict cases as they present in practice. Improve your technique by examining common pitfalls and how to optimize outcomes. Get a look at emerging topics in the field, with guidance on the newest developments in cosmetic procedures. Confidently meet the growing demand for chemical body peeling with a targeted chapter addressing the stronger chemical concentrations and added skills needed, the extent of treatments, and the body areas that prove the most resistant. Enhance outcomes for your patients with new coverage of the CROSS technique for improving hard-to-treat scars. Explore new chapters on comprehensive complications with expert advice on how to avoid them and details on corrective management. Know how to vary your technique for patients with darker skin types, and learn alternate approaches used internationally. Get expert tips by viewing case study details with "before-and-after" clinical photographs. Part of the practical and dynamic *Procedures in Cosmetic Dermatology Series*, *Chemical Peels*, 3rd Edition, brings you up to speed with today’s best uses of traditional and new acids for skin

rejuvenation. This well-organized, superbly illustrated text covers every aspect of this must-know field, including patient evaluation, skin preparation, procedural technique from light peels to advanced deep peels, and managing complications. Dr. Suzan Obagi leads a team of global experts to offer evidence-based, procedural how-to's and step-by-step advice on proper techniques, pitfalls, and tricks of the trade, so you can successfully incorporate the latest procedures into your practice. Features many new chapters dedicated to specific peels or skin conditions: trichloroacetic acid (TCA) peels of the chest, neck, and upper extremities; peels as an adjuvant treatment of acne; chemical peels in male patients; several chapters on unique approaches to acne scars; a chapter on combining peels with surgical procedures; and several chapters on safely performing deeper, modified phenol peels. Covers new acid formulas, new peel types, and need-to-know procedures such as the combined Jessner-TCA-retinoid peel and how to vary technique for darker skin types. Features a well-organized format with key points lists, pearls, and case studies as they appear in practice. Includes many new images and procedural videos that depict exactly how to perform the techniques, allowing you to easily incorporate chemical peels into your practice and take your knowledge of chemical peels to the next level. This text examines the concept of cosmetology and developments in surgical and clinical techniques in cosmetic skin care. In the Third Edition of *Cosmetic Dermatology: Products and Procedures*, accomplished dermatologist Dr. Zoe Diana Draelos delivers the latest information on procedural innovations in the rapidly developing field of cosmetic dermatology. This new edition is structured to follow the typical patient’s cosmetic routing, from everyday moisturizing to adornment and anti-aging techniques. It includes summary boxes at the start of each section to allow for quick reference in a clinical setting, over 300 full-color images illustrate procedures, and demonstrates the benefits of cosmetic products and techniques. *Cosmetic Dermatology* combines the expertise of leaders in research, industry, surgery, and practice to introduce cutting edge concepts and outline the best techniques in the cosmetic field.. It addresses

appearance issues affecting the skin, hair, and nails. The new edition offers a complete cosmetic regimen for the patients of any cosmetic dermatologist, whether hospital-based or in private practice. It also provides: A thorough introduction to basic concepts in dermatology, including skin physiology pertinent to cosmetic dermatology and the delivery of cosmetic actives A comprehensive exploration of skin hygiene products, including cleansers, moisturizers, and personal care products Practical discussions of adornments, including colored facial cosmetics, eye cosmetics, camouflaging products, nail cosmetics, and hair cosmetics In-depth examinations of anti-aging products and procedures, including cosmeceuticals, injectable anti-aging techniques, resurfacing techniques, and skin modulation techniques Cosmetic Dermatology is perfect for practicing and academic dermatologists, trainee dermatologists, dermatology nurses, and skin care industry researchers It will also earn a place in the libraries of gynecologists, medical aestheticians, family practitioners, and plastic surgeons. Improve your technique, treat patients with confidence, and obtain optimal results using today's most advanced body shaping treatments with guidance from *Body Shaping: Skin, Fat and Cellulite*, a volume in the *Procedures in Cosmetic Dermatology Series*. Renowned cosmetic dermatologists-Drs. Orringer, Alam, and Dover-provide you with procedural how-to's and step-by-step advice on proper techniques, pitfalls, and tricks of the trade, equipping you to successfully incorporate the very latest for skin tightening, fat reduction, and sculpting procedures into your busy practice! Stay on top of cutting-edge techniques and topics including laser and lights; high frequency ultrasound techniques; and minimally- and non-invasive cosmetic procedures such as Cryolipolysis, Laser Lipolysis and Chemical Lipolysis which provide optimal results with little or no recovery period needed for the patient. Offer your patients the best care and avoid pitfalls. Evidence-based findings and practical tips equip you with the knowledge you need to recommend and discuss the most effective treatment options with your patients. Expand your repertoire and refine your skills with a wealth of full-color clinical case

photographs, "Before and After" photographs, illustrations, and procedural videos depicting cases as they appear in practice. Zero in on the practical clinical information you need to know with an easily accessible, highly templated format. Browse the fully searchable text online at Expert Consult, along with expanded video content and Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, references, and videos from the book on a variety of devices. Stay on top of cutting-edge techniques and topics including laser and lights; high frequency ultrasound techniques; and minimally- and non-invasive cosmetic procedures such as Cryolipolysis, Laser Lipolysis and Chemical Lipolysis which provide optimal results with little or no recovery period needed for the patient. Offer your patients the best care and avoid pitfalls. Evidence-based findings and practical tips equip you with the knowledge you need to recommend and discuss the most effective treatment options with your patients. Expand your repertoire and refine your skills with a wealth of full-color clinical case photographs, "Before and After" photographs and illustrations. Video Editor, Nazanin Saedi, MD, presents well edited high definition procedural videos depicting cases as they appear in practice. Zero in on the practical clinical information you need to know with an easily accessible, highly templated format. Browse the fully searchable text online at Expert Consult, along with expanded video content and Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, references, and videos from the book on a variety of devices. This book provides the dermatologist with the essential information needed to properly treat all skin types cosmetically. All chapters have been written by female dermatologists with many years of personal experience in the field. The volume includes an overview of the systemic, intrinsic and extrinsic aging process, essential information on anti-aging skin care product ingredients, detailed discussions of patient selection and indications, and a wide range of cosmetic procedures. This concise book allows you - through its well-organized use of sidebars,

photographs and illustrations - to extract any information you may need quickly and easily. This well-illustrated guide provides concise descriptions of the most frequently encountered cosmetic skin conditions and essential information on commonly employed treatment procedures. The book opens with a description of skin evaluation systems and then documents etiology, pathogenesis, diagnosis, and treatment for various conditions, including cellulite, acne, hirsutism, and striae distensae. The second part of the book provides step-by-step guidelines on a range of cosmetic procedures, such as botulinum toxin injection, cryosurgery, electrosurgery, and injection lipolysis. The advice provided will be invaluable for all physicians who intend to incorporate these procedures into their practices. The book will also be of interest to established specialists in cosmetic dermatology wishing to update their knowledge and to all general dermatologists and plastic surgeons required to answer the numerous questions posed by patients seeking to maintain or improve the quality of their skin. This newly revised title helps you incorporate the very latest in cosmeceuticals into your busy practice. Succinctly written and lavishly illustrated, this book focuses on procedural how-to's and offer step-by-step advice on proper techniques, pitfalls, and tricks of the trade-so you can refine and hone your skills.and expand your repertoire. This new edition includes a bonus DVD. Contains valuable advice from board-certified dermatologist Zoe Diana Draelos, MD to help you make the best possible recommendations for your patients. Provides a wealth of color illustrations and photographs that depict cases as they appear in practice so you can visualize techniques clearly. Includes a new chapter dedicated to the future of cosmeceuticals to keep you completely current. Adds a new DVD containing patient consultations for additional guidance. Features new uses for botanicals. Improve your technique, treat patients with confidence, and obtain optimal results using today's most advanced body shaping treatments with guidance from *Body Shaping: Skin, Fat and Cellulite*, a volume in the *Procedures in Cosmetic Dermatology Series*. Renowned cosmetic dermatologists—Drs. Orringer, Alam, and Dover—provide you with procedural how-

to's and step-by-step advice on proper techniques, pitfalls, and tricks of the trade, equipping you to successfully incorporate the very latest for skin tightening, fat reduction, and sculpting procedures into your busy practice! Consult this title on your favorite e-reader. Stay on top of cutting-edge techniques and topics including laser and lights; high frequency ultrasound techniques; and minimally- and non-invasive cosmetic procedures such as Cryolipolysis, Laser Lipolysis and Chemical Lipolysis which provide optimal results with little or no recovery period needed for the patient. Offer your patients the best care and avoid pitfalls. Evidence-based findings and practical tips equip you with the knowledge you need to recommend and discuss the most effective treatment options with your patients. Expand your repertoire and refine your skills with a wealth of full-color clinical case photographs, "Before and After" photographs, illustrations, and procedural videos depicting cases as they appear in practice. Zero in on the practical clinical information you need to know with an easily accessible, highly templated format. Browse the fully searchable text online at Expert Consult, along with expanded video content and Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, references, and videos from the book on a variety of devices. "This title in the *Requisites in Dermatology* series is the perfect resource for quick reference and rapid review in cosmetic dermatology. It succinctly presents all of the most essential clinical and foundational knowledge you need for certification, recertification, or practice. An extremely user-friendly full-color format, replete with full-color clinical photographs and other pertinent illustrations, makes it easy to locate and read up on any topic. Plus, full-text online access lets you consult the book from any computer, download all of the images, watch online lectures, and more." --Book Jacket. This book identifies the most common presentations and essential features of top dermatological conditions in patients with skin of color. It presents practical information in a case-based organization to assist dermatologists in clinical decision making, and discusses important cultural beliefs that

must be considered in order to provide optimal care to patients with skin of color. There is an increasing demand for dermatologic treatments in patients with skin of color, as well as an accompanying need for education and training in this quickly expanding market. Skin of color is a key topic within dermatology as specific conditions can be harder to diagnose effectively in darker skin, and patients' treatment can be compromised by this. *Clinical Cases in Skin of Color: Medical, Oncological and Hair Disorders, and Cosmetic Dermatology* is a concise resource with practical guidance for board certified dermatologists and dermatologists in training. *Cosmeceuticals and Active Cosmetics* discusses the science of nearly two dozen cosmeceuticals used today. This third edition provides ample evidence on specific cosmeceutical substances, their classes of use, skin conditions for which they are used, and points of interest arising from other considerations, such as toxicology and manufacturing. The book discusses both cosmetic and therapeutic uses of cosmeceuticals for various conditions including rosacea, dry skin, alopecia, eczema, seborrheic dermatitis, purpura, and vitiligo. Active ingredients in the following products are discussed: caffeine, curcumin, green tea, *Rhodiola rosea*, milk thistle, and more. Also covered are topical peptides and proteins, amino acids and derivatives, antioxidants, vitamins E and C, niacinamide, botanical extracts, and biomarine actives. Providing ample scientific references, this book is an excellent guide to understanding the science behind the use of cosmeceuticals to treat a variety of dermatological conditions. Improve your knowledge and treat patients with confidence using today's most advanced cosmeceutical treatments and expert guidance from author Zoe Diana Draelos, MD.

Cosmeceuticals, 3rd Edition, a volume in the *Procedures in Cosmetic Dermatology Series*, covers cutting-edge content, keeping you up to date with developments in this rapidly-moving field so you can offer your patients the latest cosmeceutical therapies with optimal results. This newly revised title helps you incorporate the very latest in cosmeceuticals into your busy practice. Succinctly written and lavishly illustrated, this book focuses on procedural how-to's and offer step-by-step advice on proper

techniques, pitfalls, and tricks of the trade—so you can refine and hone your skills...and expand your repertoire. Contains valuable advice from board-certified dermatologist Zoe Diana Draelos, MD to help you make the best possible recommendations for your patients. Provides a wealth of color illustrations and photographs that depict cases as they appear in practice so you can visualize techniques clearly. Includes a new chapter dedicated to the future of cosmeceuticals to keep you completely current. Features new uses for botanicals.

Radiofrequency (RF) has been used in many areas of medicine for some time, but only gained popularity in aesthetics in the early 2000s. Although initial procedures provided variable results, the field of RF has grown dramatically. Currently, a multitude of devices which offer an array of technologies, each geared to specific applications, are on the market. In this book, a comprehensive discussion of the evolving area of RF is provided, and the current and cutting-edge technologies which span from noninvasive treatments of facial wrinkles to invasive body contouring procedures are discussed in detail. The methodologies covered include thermal and ablative modalities, volumetric and fractional approaches, as well as practical aspects of application in clinical practice. Included are also pearls on patient management and prevention and treatment of complications. Finally, RF-based procedures are compared with equivalent laser and surgical approaches in a risk-benefit evaluation. Reviewing the standard of care for RF-based treatments and providing information relevant for clinical decision-making and practice management, this publication is a valuable tool for dermatologists, plastic surgeons and all practitioners who use or are contemplating the introduction of RF into practice. Part of the practical and dynamic *Procedures in Cosmetic Dermatology Series*, *Botulinum Toxin, 4th Edition*, brings physicians at all levels of experience up to speed with today's best injection techniques. This well-organized text provides current, authoritative guidance on popular procedures including masseter hypertrophy and darker skin types, the therapeutic uses of botulinum toxins, and their future in dermatology. The renowned author team of Drs. Jean Carruthers and Alastair

Carruthers offers evidence-based, procedural how-to's and step-by-step advice on proper techniques, pitfalls, and tricks of the trade, so you can successfully incorporate the latest procedures into your practice. Includes complete, clear descriptions and rationales for injection placement for facial and neck rejuvenation and hyperhidrosis, with high-quality videos demonstrating the techniques of injection. Addresses the differences in doses and particular characteristics among different botulinum toxin preparations in every chapter. Features a well-organized format with key points lists, pearls, and case studies as they appear in practice. Contains new chapters throughout, plus new information on injectable daxibotulinumtoxinA (RT002), topical botulinum toxin type A and benzyl alcohol. Includes many new images and procedural videos that depict exactly how to perform the techniques. Expert Consult eBook version included with purchase, which allows you to search all of the text, figures, and references from the book on a variety of devices. Improve your knowledge and treat patients with confidence using today's most advanced cosmeceutical treatments and expert guidance from author Zoe Diana Draelos, MD. Cosmeceuticals, 3rd Edition, a volume in the Procedures in Cosmetic Dermatology Series, covers cutting-edge content, keeping you up to date with developments in this rapidly-moving field so you can offer your patients the latest cosmeceutical therapies with optimal results. Consult this title on your favorite e-reader. Stay on top of more than "just the basics" concerning cosmetics and skin care and deliver the state-of-the-art expertise your patients are looking for. Expand your repertoire and refine your skills with a wealth of color illustrations and photographs depicting cases as they appear in practice. Learn new uses for botanicals, including soy and green tea, as well as vitamin antioxidants, peptides, growth factors, and stem cells. Find what you need quickly with new summaries and keypoints at the start of each chapter. This newly revised title helps you incorporate the very latest in Lasers and Lights into your busy practice. Succinctly written and lavishly illustrated, this book focus on procedural how-to's and offer step-by-step advice on proper techniques, pitfalls, and tricks

of the trade-so you can refine and hone your skills...and expand your repertoire. Contains a wealth of color illustrations and photographs that depict cases as they appear in practice so you can visualize techniques clearly. Updates chapters throughout the book to keep you up to date on the latest uses of lasers and lights in this rapidly moving field. Includes guidance for getting the best results when performing hot techniques such as Thermage or the use of Radiofrequency lasers. Introducing the first title in the Procedures in Cosmetic Dermatology Series! This breakthrough reference presents up-to-the-minute, practical guidance on the cosmetic and medical uses of botulinum toxin A- edited by the two foremost pioneers in the field, Alastair and Jean Carruthers. Succinctly written and lavishly illustrated, this resource focuses on the how to's of botox injection and offers step-by-step guidance on proper techniques, pitfalls, and tricks of the trade. An accompanying DVD shows clips of key techniques so readers can implement the newest procedures into their practice immediately. Covers the hottest topics- including botox aesthetics, facial treatments, neck treatment, adjunctive treatment, pain relief, and facial asymmetry-all in one concise, accessible volume. Provides the "tricks of the trade" of more than 25 practically-minded, technically skilled, hands-on clinicians. Features a wealth of color illustrations and photographs that depict cases as they present in practice. Discusses common pitfalls and emphasizes how to optimize outcomes, enabling readers to improve their technique. Highlights emerging topics in the field, with guidance on the newest developments in cosmetic surgery. Comes with a comprehensive, highly instructional DVD containing video clips of techniques and procedures as well as the experts' hints and tips. Series Editor: Jeffrey S. Dover MD, Adjunct Professor of Medicine, Dartmouth Medical School, Associate Clinical Professor of Dermatology, Yale University School of Medicine. Consultant in Medicine, Massachusetts General Hospital, Consultant Dermatologist, Dana Farber Cancer Institute, New England Baptist Hospital, Associate Chairman, Department of Dermatology, Beth Israel Deaconess Medical Center Boston, MA
THE ULTIMATE SOURCEBOOK FOR

UNDERSTANDING THE SKIN AND ITS APPEARANCE “A concise, well-written, and well-illustrated overview of the topic of cosmetic dermatology that will prove useful to all physicians who care for cosmetic patients.”—Archives of Facial Plastic Surgery, reviewing the first edition **Cosmetic Dermatology** offers complete coverage of the latest, most effective skin care agents and procedures. Spanning the entire spectrum of cosmetic dermatology, it takes you through the most current medications, cosmeceuticals, and procedures. Presented in full color, the book is firmly grounded in an evidence-based, clinically-relevant approach—making it perfect for use in everyday practice. **FEATURES:** Guidance on the efficacy of over-the-counter and prescription skin care products Step-by-step review of must-know procedures A focus on the newest drugs and topical agents **NEW!** Expanded insights into laser treatments, varicose veins, and cosmeceuticals **NEW!** More full-color clinical images in every chapter... 450 in all! **NEW!** Significant revisions in every chapter to help you keep pace with the many fast-breaking developments in the specialty This title in the **PROCEDURES IN COSMETIC DERMATOLOGY SERIES** presents up-to-the-minute, practical guidance on the hottest photodynamic therapy techniques shaping today's practice. Succinctly written and lavishly illustrated, it focuses on procedural how-to's and offer step-by-step advice on proper techniques, pitfalls, and tricks of the trade—so you can refine and hone your skills...and expand your surgical repertoire. You'll find current, to-the-point guidance on the cosmetic use of PDT—edited by a pioneer in the field, Dr. Mitchel P. Goldman. Implement the newest procedures into your practice immediately and confidently—with the outstanding guidance you'll find in this volume of the **PROCEDURES IN COSMETIC DERMATOLOGY SERIES**. Get the best results when performing PDT for skin diseases, skin cancer and HPV, and skin rejuvenation, especially in aging and sun-damaged skin —all in one concise, accessible volume. Visualize techniques clearly with a wealth of color illustrations and photographs that depict cases as they appear in practice. Know the costs for each light source, and get recommendations

from the experts on which light source is best for your practice. Ensure the safety of your clients with post-photodynamic therapy care information sheets for patients. Implement the latest techniques for topical PDT for acne * photorejuvenation * fluorescence diagnosis * and medical uses of PDT. Chemical peels / edited by Rebecca C. Tung, Mark G. Rubin. Second edition. 2011. The series “Clinical Approach and Procedures in Cosmetic Dermatology” intends to be a practical guide in Cosmetic Dermatology. Procedures in cosmetic dermatology are very popular and useful in medicine, indicated to complement topical and oral treatments not only for photodamaged skin but also for other dermatosis such as acne, rosacea, scars, etc. Also, full-face treatments using peeling, lasers, fillers and toxins are increasingly being used, successfully substituting or postponing the need for plastic surgeries. Altogether, these techniques not only provide immediate results but also help patients to sustain long-term benefits, both preventing/treating dermatological diseases and maintaining a healthy and youthful skin. Throughout this series, different treatments in Cosmetic Dermatology will be discussed in detail covering the use of many pharmacological groups of cosmeceuticals, the new advances in nutraceuticals and emerging technologies and procedures. This volume discusses in detail the applicability and benefits of chemical peeling. Here are discussed in detail the use of superficial, medium and deep peeling. This title in the **PROCEDURES IN COSMETIC DERMATOLOGY SERIES** presents up-to-the-minute, practical guidance on botulinum toxin injection techniques shaping today's practice. Succinctly written and lavishly illustrated, it focuses on procedural how-to's and offers step-by-step advice on proper techniques, pitfalls, and tricks of the trade—so you can refine and hone your skills...and expand your surgical repertoire. You'll find current, to-the-point guidance on the cosmetic use of the toxin — edited by pioneers in the field, Drs. Jean and Alastair Carruthers. Implement the newest procedures into your practice immediately and confidently—with the outstanding guidance you'll find in this volume of the **PROCEDURES IN COSMETIC DERMATOLOGY SERIES**. Covers

the hottest topics—including botox aesthetics, facial treatments, neck treatment, adjunctive treatment, pain relief, and facial asymmetry—all in one concise, accessible volume. Features a wealth of color illustrations and photographs that depict cases as they present in practice. Discusses common pitfalls and emphasizes how to optimize outcomes, enabling readers to improve their technique. Highlights emerging topics in the field, with guidance on the newest developments in cosmetic surgery. Includes a comprehensive, instructional DVD containing video clips of techniques and procedures as well as the experts' hints and tips. Use of fillers in combination with Botox to better sculpt the lower face Coverage of new fillers like Juvederm, Evolence, Radiesse and Perlane to keep you on the cutting edge New and expanded coverage of periocular treatment Highest quality video footage of procedures on the bonus DVD The 2nd Edition of Chemical Peels, by Drs. Mark G. Rubin and Rebecca Tung, shows you how to get great results by performing the newest techniques and treatments. Explore new chapters devoted to body peeling, review adjunct therapies and various methods used internationally, master chemical peeling for darker skin types, and examine case studies with before-and-after clinical photographs. Complemented by procedures captured on DVD, this new edition in the Procedures in Cosmetic Dermatology Series lets you offer your patients the best skin rejuvenation methods available today. Learn the "tricks of the trade" from practically minded, technically skilled, hands-on clinicians. Review a wealth of color illustrations and photographs that depict cases as they present in practice. Improve your technique by examining common pitfalls and how to optimize outcomes. Get a look at emerging topics in the field, with guidance on the newest developments in cosmetic procedures Confidently meet the growing demand for chemical body peeling with a targeted chapter addressing the stronger chemical concentrations and added skills needed, the extent of treatments, and the body areas that prove the most resistant. Enhance outcomes for your patients with new coverage of the CROSS technique for improving hard-to-treat scars. Explore new chapters on comprehensive complications with expert advice

on how to avoid them and details on corrective management. Know how to vary your technique for patients with darker skin types, and learn alternate approaches used internationally. Get expert tips by viewing case study details with "before-and-after" clinical photographs. Watch experts perform beginning-to-end procedures including superficial, medium, and deep peels via video on DVD. Learn the latest techniques for one of the most highly demanded dermatology procedures from pioneers in the field, Drs. Rubin and Tung. Procedures in Cosmetic Dermatology Series: Treatment of Leg Veins by Murad Alam, MD and Sirunya Silapunt, MD, offers practical, step-by-step visual guidance as well as expert hints and tips for performing a full range of cosmetic procedures including ambulatory phlebectomy, sclerotherapy, foam sclerotherapy, and laser surgery. Edited by the foremost pioneers in the field, this edition provides coverage of timely topics and advancements and includes new chapters on ultrasound techniques and compression. Case studies with more "before and after" clinical photographs depict cases as they present in practice and enables you to immediately implement the newest surgical procedures into your practice. Optimize outcomes and improve your technique with guidance about common pitfalls and "tricks of the trade" from practically minded, technically skilled, hands-on clinicians. Implement the newest surgical procedures into your practice with the guidance of an expanded, comprehensive collection of techniques. Stay current with the emerging topics and newest developments in cosmetic surgery. New chapters cover the latest ultrasound-guided procedures and compression techniques. See things as they appear in practice thanks to an abundance of color illustrations and case studies, including more "before and after" clinical photographs. Features a well-organized format with key points lists, pearls, and case studies as they appear in practice. Contains new information on the Emervel® family, safe fat transplantation, permanent fillers, temple reflation, neck and chest, vascular compromise, and the tower technique of filler injection. Splits chapters into separate sections on different types of fillers for ease of reference, and

includes a new section on complications. Includes many new images that depict exactly how to perform the techniques This newly revised title helps you incorporate the very latest in Lasers and Lights into your busy practice. Succinctly written and lavishly illustrated, this book focus on procedural how-to's and offer step-by-step advice on proper techniques, pitfalls, and tricks of the trade—so you can refine and hone your skills...and expand your repertoire. Contains a wealth of color illustrations and photographs that depict cases as they appear in practice so you can visualize techniques clearly. Updates chapters throughout the book to keep you up to date on the latest uses of lasers and lights in this rapidly moving field. Includes guidance for getting the best results when performing hot techniques such as Thermage or the use of Radiofrequency lasers. Part of the practical and dynamic Procedures in Cosmetic Dermatology Series, Soft Tissue Augmentation, 4th Edition, brings you up to speed with today's best uses of traditional and new fillers. This well-organized text provides current, authoritative guidance on new and novel non-permanent fillers, darker skin, platelet-rich plasma, the tower technique, and much more. The renowned author team of Drs. Alastair and Jean Carruthers offers evidence-based, procedural how-to's and step-by-step advice on proper techniques, pitfalls, and tricks of the trade, so you can successfully incorporate the latest procedures into your practice. Features a well-organized format with key points lists, pearls, and case studies as they appear in practice. Expert Consult™ eBook version included with purchase, which allows you to search all of the text, figures, and references from the book on a variety of devices Contains new information on the Emervel(R) family, safe fat transplantation, permanent fillers, temple reflation, neck and chest, vascular compromise, and the tower technique of filler injection. Splits chapters into separate sections on different types of fillers for ease of reference, and includes a new section on complications. Includes many new images and procedural videos that depict exactly how to perform the techniques. Offers practical, step-by-step visual guidance as well as expert hints and tips for performing a full range of cosmetic procedures

including ambulatory phlebectomy, sclerotherapy, foam sclerotherapy, and laser surgery. Edited by the foremost pioneers in the field, this edition provides coverage of timely topics and advancements and includes new chapters on ultrasound techniques and compression. Case studies with more "before and after" clinical photographs depict cases as they present in practice, and an expanded collection of procedural video clips enables you to immediately implement the newest surgical procedures into your practice. Optimize outcomes and improve your technique with guidance about common pitfalls and "tricks of the trade" from practically minded, technically skilled, hands-on clinicians. Edited by leading authorities Bruce E. Katz and Neil S. Sadick, MD, Body Contouring is a brand-new volume in the Procedures in Cosmetic Dermatology Series. It showcases the hottest new body rejuvenation techniques and technologies, including laser lipolysis, focused ultrasound, mesotherapy, laser and light treatments, subcision for cellulite, and more. International contributions equip you to master the newest approaches from around the world. Succinctly written and lavishly illustrated, the book offers a wealth of pearls and pitfalls to help you refine your skills and avoid complications. A bonus DVD allows you to refine your skills by watching key techniques being performed by the authors. Shows you how to perform the hottest new techniques in body sculpting, including laser lipolysis, focused ultrasound, mesotherapy, laser and light treatments, subcision for cellulite, and more. Offers clinical pearls, pitfalls, and key points to help you get the best results for all procedures. Allows you to master the best and newest techniques and technologies from around the world, thanks to contributions from high-profile physicians with a wealth of international expertise. Includes a DVD that helps you learn key procedures by seeing them performed by the authors themselves. Back for a new edition, Zoe Draelos' outstanding resource to cosmetic dermatology again provides a highly-illustrated, clinical guide to the full range of cosmetic skin treatments. Bringing together experts from research, industry, surgery and practice, it is structured in four distinct parts for easy navigation by the busy clinician: Basic Concepts

- giving an overview of the physiology pertinent to cosmetic dermatology and the delivery systems by which treatments can take effect; Hygiene Products - evaluating cleansing and moisturising products; Adornment - looking at aesthetic techniques such as cosmetics, nail prostheses and hair treatment; Antiaging - ie, injectables, resurfacing and skin contouring techniques, and the rapidly growing area of Cosmeceuticals. With over 300 high-quality images and key summary boxes throughout, this new edition incorporates the newest procedural innovations in this rapidly developing field. Perfect for all dermatologists, especially those specialising in cosmetic dermatology and whether hospital-based or in private practice, it provides the complete cosmetic regimen for your patients and will be an indispensable tool to consult over and over again. This book is a resource that offers guidance to nurses who are experienced or novice aesthetic practitioners and would like to improve their aesthetic practice and enhance patient safety and satisfaction. This textbook reviews skin structure and anatomy, what happens as facial structures age, the effects of aging coupled with environmental exposures, pharmacology of medications used in aesthetics, light-based device properties, patient selection, and benefits of treatments. In addition, it includes suggestions on how to communicate with patients to achieve successful outcomes. Aesthetic Procedures: Nurse Practitioner's Guide to Cosmetic Dermatology provides practitioners a one-source resource to attain more in-depth learning about cosmetic dermatology. Although there are several texts on individual aspects of aesthetic medicine, there is no all-inclusive book for nurses. This book affords the primary care practitioner the opportunity to add minimally invasive cosmetic dermatology procedures to their practice and perform the treatments safely, efficiently and effectively while avoiding common mistakes and minimizing complication risks. Education is paramount in creating a safe patient environment and as more clinicians turn to aesthetics to augment their practice, this book will be a valuable resource for nurses and practitioners all over the world. The editors have gathered 15 laser experts from the United

States, Europe and Asia to present the most up to date information in cutaneous laser surgery and intense pulsed light technologies. This innovative book describes new laser techniques (laserlipolysis, fractional photothermolysis, among others) and provides expert guidance on using lasers successfully in over 80 clinical indications.

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